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www.luthersprings.org

## EQUIP Retreat January 12-14, 2024

## **Welcome to Luther Springs!**

We are glad you are joining us for our EQUIP retreat for high school youth. This event is for students who are ready for more than the average youth event. EQUIP will challenge students to become ENERGIZED in their faith, QUESTION what they have learned, gain further UNDERSTANDING of Lutheran theology, INTERCEDE through prayer and PROCLAIM the good news. In addition to playing games, canoeing, swimming, doing archery and enjoying campfires, youth will also explore theological issues, discern their gifts for leadership and be challenged! As a part of our leadership training, EQUIP students will lead portions (under the supervision of camp counselors) of the confirmation retreat. Students will stay in Morgan Village cabins and bungalows (linens not provided) with Luther Springs counselors. Adults will stay in Kuehner Center motel-style rooms (linens provided). Counselors and event staff will lead camp activities and cabin time.

**WHAT TO BRING:** In addition to the items listed below, youth and adults are encouraged to bring musical instruments to add to our musical experience. Please note that the youth will use their Bibles throughout the weekend so please make sure they have it.

Please bring clothing and other items appropriate for the weather and the program. We suggest the following:

- Sleeping bag/bed linens & pillow (cabins)
- Towel (2 shower & kayaking/swimming)
- Soap, shampoo, brush, toothpaste, toothbrush
- Light jacket/sweatshirt
- Raincoat or poncho
- Shoes 2 pairs: sneakers with treads & closed toe. Closed-toe shoes are required for all camp activities.
- Shower shoes or flip flops (cabins)

- Clothes appropriate for the season
- Swimsuit (appropriate)
- Cards, book, etc. for rest times
- Rible
- Flashlight (check the batteries!)
- Water bottle (refillable)
- Insect repellent & sun block
- Plastic trash bag (wet/damp clothing towels)
- Camera (optional)

**PLEASE DO NOT BRING:** Jewelry, fireworks, cell phones, other electronics, or any form of drugs or alcohol.

**MEALS** Our weekend will include all meals on Saturday, and breakfast on Sunday.

**CAMP STORE:** Campers will have an opportunity to purchase items from our camp store. The Luther Springs camp store stocks items such as t-shirts, sweatshirts and water bottles.

**HEALTH FORM:** A completed health form is required for each participant. Adults, your form will be sent to you closer to the event and is used only for medical emergencies. This form can be kept in a sealed envelope, if you desire, and returned to you at the end of the retreat. Health forms of minors must be retained by the camp. ALL medications for adults shall be the responsibility of the adult participant. Youth leaders will administer medication to their youth. Luther Springs' staff will provide basic first-aid.

**CHECK-IN** is between 7:00 PM and 9:00 PM on Friday, at the Kuehner Center. Please do not to arrive earlier than 7:00 PM to be sure staff will be ready for you.

**CHECK-OUT** The weekend ends after worship on Sunday at 11:15 AM.

## PLEASE DO NOT RELY ON GPS OR ONLINE MAP PROGRAM TO GET TO THE CAMP! THEY HAVE PROVEN UNRELIABLE. SEE THE ATTACHED DIRECTIONS.

Should you have any questions pertaining to registration, please call the registration office at 828-209-6301. For any questions about our program, the camp or any other questions or concerns, please feel free to contact me at 828-209-6312 or smendenhall@LutherSprings.org.

In Christ,

Deacon Sue Mendenhall Luther Springs Program Director 828-209-6312 \* smendenhall@LutherSprings.org