



Registration Office  
2049 Upper Laurel Dr, Arden, NC 28704  
828-209-6301  
mkallies@novusway.org

Camp Location  
264 Vause Lake Rd, Hawthorne, FL 32640  
828-209-6312  
smendenhall@luthersprings.org

[www.luthersprings.org](http://www.luthersprings.org)

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## God Spa for Women at Luther Springs April 19-21, 2024

We are excited you are coming to Luther Springs for God Spa this spring! Our team is hard at work planning a wonderful weekend of pampering, relaxing, and soaking in the Spirit. God Spa is a weekend to come to be restored, renewed and refreshed in the beauty of God's creation. During our time together, we will worship, reflect, talk, laugh, eat, and relax. Our weekend will also include spa type activities such as massages, paraffin dips for hands, manicures and pedicures, soothing treatments for our feet, guided meditation, and more.

**Check-in begins at 4:30 PM** at Kinports. Please do not arrive earlier so we can make sure everything is perfect for you! Your rooms will be available at this time, along with some camp and spa-type activities and a quiet space for prayer and meditation. You may also catch up with new and old friends in Kinports, enjoy the sights and sounds of the camp, or relax in your room or on one of the porches. Dinner will be available from 6:00 – 7:00 PM. **We realize many of you will travel several hours to reach us. If you are delayed and will arrive after 7:30 PM, please let us know by contacting me at 828-209-6312. The safety of our guests is always our top priority. Please do not rush to get to camp "on time".**

**Sunday:** Sunday morning we will start with a light breakfast and then enjoy a full brunch after worship. We anticipate ending our time together by Noon. During worship, we traditionally receive an offering. During the weekend, we will discuss and decide together what the offering will go toward.

**"Wine Down"** is our hospitality time. Please bring a fun beverage to share (adult or not – up to you!).

**Music:** We are excited to share that Dear Kate is returning to lead music for our weekend. Dear Kate is a group of God's Spa regulars, comprised of Piper Spencer, Tina Hines and Eileen Soler. They have a great mix of fun, new songs and old favorites planned for us.

**Massages** will be available by professional massage therapists at an additional charge: \$35 for 30 minutes and \$60 for 60 minutes. These will be paid directly to the individual massage therapist, by cash/check at the time of the massage. You can indicate your desire for a massage when you register or you can contact Anna Allen at 813-215-5050. The number of massage therapists we book is determined by the number who indicate they would like a massage and we want to make sure everyone who wants a massage is able to get one.

**MANICURES:** We are thrilled to announce that this year we are able to add manicures to our weekend. Abby Cathlino (Ms. Sarah's daughter) will join us to offer manicures Friday afternoon/evening and

Saturday. The charge for regular color manicures: \$20 and for gel: \$25. Cash only, please. If you are interested in a manicure, please email Sue at the address below.

**HEALTH FORM:** A completed health form is required for each participant and will be sent to you closer to the event. This form is used only for medical emergencies and can be kept in a sealed envelope, if you desire, and returned to you at the end of the retreat.

**PACKING LIST** Bed sheets/pillows/towels are provided for all participants. However, you may wish to also have the following items and clothing with you during our weekend together:

- Face Masks
- Shorts and/or Long Pants
- Hat
- Sun Screen
- Rain Gear (poncho)
- Toiletries (toothbrush, soap, etc.)
- Pool Towel
- Bible
- Insect Repellent (mosquitoes & ticks)
- Swimming Suit
- Water Bottle
- Sneakers
- Closed-toed shoes for canoeing (that can get wet!)
- Flashlight
- Sunglasses
- Sweatshirt/sweater/jacket
- Flip flops/shower shoes (For Morgan Village)

**Map/Directions** are included in this packet. *Please do not use a GPS and/or on-line maps. Unfortunately, the camp address is not correctly identified by these and you will likely be led far away.*

Luther Springs provides a time apart. Come and enjoy a weekend filled with relaxation, renewal, fun and reflection in the midst of God's glorious creation. Should you have any registration questions, please call the registration office at 828-209-6301. For any other questions about our program, the camp or any other questions or concerns, please feel free to contact me at 828-209-6312.

In Christ's Peace,

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